Unit code | SO662
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Unit name | Group Facilitation
Associated higher education awards | Master of Social Science Leadership
Duration | One semester
Level | Advanced
Core/Elective | Core
Weighting | Unit credit points: 10
| Course credit points: 120
Student workload | Face-to-face on site
| Contact hours: 39 hours
| Reading, study, and preparation: 59 hours
| Assignment preparation: 52 hours
| TOTAL: 150 hours
Delivery mode | Face-to-face on site
Prerequisites/Corequisites/Restrictions | Prerequisite
| 20 credit points of Master of Social Science Leadership units
Rationale | Whether as part of their practice or leading a team, counsellors and other social sciences practitioners are often expected to be able to facilitate groups. This requires a unique skill set, and an in-depth understanding of group processes and skills.

This unit focuses on theory and practice to improve the practitioner’s abilities to facilitate group functioning and individual growth in a group context. It also fosters abilities to interpret group dynamics, understand and facilitate group process, and facilitate effective group functioning.

Recommended readings | Books

**Journals**

*Group and Organization Management*

*Group Dynamics: Theory, Research, and Practice*

In addition to the resources above, students should have access to a Bible, preferably a modern translation such as The Holy Bible: The New International Version 2011 (NIV 2011) or The Holy Bible: New King James Version (NKJV).

These and other translations may be accessed free on-line at http://www.biblegateway.com. The Bible app from LifeChurch.tv is also available free for smart phones and tablet devices.

<table>
<thead>
<tr>
<th>Specialist resource requirements</th>
<th>Nil</th>
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| Content | 1. Day 1: Introduction to unit and group process facilitation  
2. Days 2-4: Each day will involve student-led group sessions  
3. Day 5: Debriefing, consolidating learnings, and conclusion of the unit |
| Learning outcomes | On completion of this unit, students will have demonstrated that they have:  
1. critically interpreted and applied at least one model of group development from the academic literature to an experience of facilitating a group;  
2. critically analysed communication and behaviour in the group context;  
3. demonstrated group facilitation skills that reflect an understanding of stages of group development, group process and an ability to work with the emerging themes and issues relevant to the group;  
4. critically reviewed and evaluated their own strengths and weaknesses in group facilitation;  
5. consolidated their understanding of how to monitor and develop interpersonal relationships in groups;  
6. critically reflected on how to apply their understanding of group development and group process to at least one particular work context; and  
7. communicated at an appropriate tertiary standard with special attention to correct grammars, punctuation, spelling, vocabulary, usage, sentence structure, logical relations, style, referencing, and presentation. |
| Assessment tasks | Due to the experiential nature of the unit, students must attend all classes in order to be eligible for a passing grade. Students have the right to not participate in any specific activity during any session.  

**Task 1: Personal Learning Journal**  
Students are to keep a journal reflecting on personal and theoretical learning for the duration of the semester.  

Word Length/Duration: 2,500 words (at least five journal entries)  
Weighting: 40%  
Learning Outcomes: 2, 4-7  
Assessed: During intensive
<table>
<thead>
<tr>
<th>Task 2: Facilitation of a Group Session</th>
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<tbody>
<tr>
<td>Students are to facilitate one session of the group’s process in pairs during the group intensive process.</td>
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<tr>
<td>Word Length/Duration: N/A</td>
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<td>Weighting: Pass/Fail</td>
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<td>Learning Outcomes: 2-4</td>
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<td>Assessed: During intensive</td>
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<th>Task 3: Analytical Essay</th>
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<td>Students are to write a paper that critically reviews their skills in group facilitation.</td>
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<td>Word Length/Duration: 1,000 words</td>
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<td>Weighting: 60%</td>
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<td>Learning Outcomes: 1-3, 6</td>
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<td>Assessed: Week 13</td>
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<th>Unit summary</th>
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