



CHRISTIAN HERITAGE COLLEGE

**SO112**

## **INTRODUCTION TO HUMAN BEHAVIOUR**

This sample unit outline is provided by CHC for prospective and current students to assist with unit selection.

Elements of this outline which may change with subsequent offerings of the unit include Content, Required Texts, Recommended Readings and details of the Assessment Tasks.

Students who are currently enrolled in this unit should obtain the outline for the relevant semester from the unit lecturer.

<b>Unit code</b>	SO112														
<b>Unit name</b>	Introduction to Human Behaviour														
<b>Associated higher education awards</b>	Diploma of Social Science Bachelor of Applied Social Science Bachelor of Counselling														
<b>Duration</b>	One semester														
<b>Level</b>	Introductory														
<b>Core/elective</b>	Core														
<b>Weighting</b>	<table> <tr> <td>Unit credit points:</td> <td>10</td> <td></td> </tr> <tr> <td>Course credit points:</td> <td>Diploma of Social Science</td> <td>80</td> </tr> <tr> <td></td> <td>Bachelor of Applied Social Science</td> <td>240</td> </tr> <tr> <td></td> <td>Bachelor of Counselling</td> <td>240</td> </tr> </table>	Unit credit points:	10		Course credit points:	Diploma of Social Science	80		Bachelor of Applied Social Science	240		Bachelor of Counselling	240		
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Course credit points:	Diploma of Social Science	80													
	Bachelor of Applied Social Science	240													
	Bachelor of Counselling	240													
<b>Delivery mode</b>	Face-to-face on site External														
<b>Student workload</b>	<p><i>Face-to-face on site</i></p> <table> <tr> <td>Contact hours</td> <td>35 hours</td> </tr> <tr> <td>Reading, study, and preparation</td> <td>55 hours</td> </tr> <tr> <td>Assignment preparation</td> <td>60 hours</td> </tr> <tr> <td><b>TOTAL</b></td> <td><b>150 hours</b></td> </tr> </table> <p><i>External</i></p> <table> <tr> <td>Engagement with study materials</td> <td>90 hours</td> </tr> <tr> <td>Assignment preparation</td> <td>60 hours</td> </tr> <tr> <td><b>TOTAL</b></td> <td><b>150 hours</b></td> </tr> </table> <p>Students requiring additional English language support are expected to undertake an additional one hour per week.</p>	Contact hours	35 hours	Reading, study, and preparation	55 hours	Assignment preparation	60 hours	<b>TOTAL</b>	<b>150 hours</b>	Engagement with study materials	90 hours	Assignment preparation	60 hours	<b>TOTAL</b>	<b>150 hours</b>
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<b>TOTAL</b>	<b>150 hours</b>														
<b>Prerequisites/ co-requisites/ restrictions</b>	Nil														
<b>Rationale</b>	<p>In the various fields of the social sciences, the study of human behaviour encompasses psychological theories relating to topics and themes of cognition, emotion, relationality and behaviour of the human person.</p> <p>As this knowledge is an essential part of the social sciences student's professional framework, in this unit students will be introduced to the psychological theories that are foundational to understanding human behaviour. They will also have opportunity to consider how these theories apply to diverse contexts including their own personal growth, Christian values and beliefs, and multicultural environments.</p>														
<b>Prescribed text(s)</b>	Burton, L., Westen, D., & Kowalski, R. (2012). <i>Psychology</i> (3rd Australian and New Zealand ed). Milton, Australia: John Wiley & Sons.														

<p><b>Recommended readings</b></p>	<p><b>Books</b></p> <p>King, L. (2013). <i>The science of psychology: An appreciative view</i> (3rd ed.). Sydney, Australia: McGraw-Hill Humanities.</p> <p>Moes, P., &amp; Tellinghuisen, D. (2014). <i>Exploring psychology and Christian faith: An introductory guide</i>. Grand Rapids, MI: Baker.</p> <p>Morris, C. G., &amp; Maisto, A. (2015). <i>Understanding psychology</i> (11th ed.). New York, NY: Pearson.</p> <p>Myers, D. &amp; deWall, N. (2015). <i>Psychology</i> (11th ed.). New York, NY: Worth.</p> <p>Northey, M., &amp; Timney, B. (2012). <i>Making sense in psychology and life sciences: A student's guide to writing and style</i>. New York, NY: Oxford University Press.</p> <p>Sabates, A. (2012). <i>Social psychology in Christian perspective</i>. Downers Grove, IL: InterVarsity Press.</p> <p>Wieten, W. (2012). <i>Psychology: Themes and variations</i> (9th ed.). Melbourne, VIC, Australia: Cengage.</p> <p><b>Journals</b></p> <p><i>Psychotherapy in Australia</i></p> <p><i>Australian Psychologist</i></p> <p><i>Journal of Psychology</i></p> <p><i>Journal of Psychology and Christianity</i></p> <p><i>Journal of Psychology and Theology</i></p> <p><i>Journal of Human Behavior in the Social Environment</i></p> <p>In addition to the resources above, students should have access to a Bible, preferably a modern translation such as The Holy Bible: The New International Version 2011 (NIV 2011) or The Holy Bible: New King James Version (NKJV).</p> <p>These and other translations may be accessed free on-line at <a href="http://www.biblegateway.com">http://www.biblegateway.com</a>. The Bible app from LifeChurch.tv is also available free for smart phones and tablet devices.</p>
<p><b>Specialist resource requirements</b></p>	<p>Nil</p>
<p><b>Content</b></p>	<ol style="list-style-type: none"> <li>1. Introduction to human behaviour</li> <li>2. The topics and themes of psychology as they relate to human behaviour</li> <li>3. Christian worldview perspectives on human behaviour</li> <li>4. Major approaches of psychology</li> <li>5. Cognition and consciousness</li> <li>6. Sensation and perception</li> <li>7. Learning and memory</li> <li>8. Intelligence</li> <li>9. Emotions</li> <li>10. Motivation</li> <li>11. Human behaviour and relationship</li> <li>12. Human behaviour and neuropsychology</li> <li>13. Human behaviour and culturally inclusive practice</li> </ol>

<b>Learning outcomes</b>	<p>On completion of this unit, students will have demonstrated that they have:</p> <ol style="list-style-type: none"> <li>1. developed an awareness of the variety of psychological topics and themes that relate to the study of human behaviour;</li> <li>2. explored psychological understandings of cognition, emotion, relationality and behaviour;</li> <li>3. identified major psychological theories pertaining to human behaviour;</li> <li>4. evaluated the topics, themes, and theories of human behaviour from personal, ethical and multi-cultural perspectives;</li> <li>5. evaluated the topics, themes, and theories of human behaviour from a Christian worldview; and</li> <li>6. communicated at an appropriate tertiary standard with special attention to correct grammar, punctuation, spelling, vocabulary, usage, sentence structure, logical relations, style, referencing, and presentation.</li> </ol>
<b>Assessment tasks</b>	<p><b>Task 1: Weekly quizzes</b></p> <p>Complete a series of 10 weekly open book, multiple choice quizzes on Moodle™.</p> <p>Word Length/Duration: N/A</p> <p>Weighting: 40%</p> <p>Learning Outcomes: 1-3</p> <p>Assessed: Weekly commencing at Week 2</p> <p><b>Task 2: Essay</b></p> <p>Choose two psychological approaches and investigate how they explain a given topic.</p> <p>Word Length/Duration: 2,500 words</p> <p>Weighting: 60%</p> <p>Learning Outcomes: 1-6</p> <p>Assessed: Week 13</p>
<b>Unit summary</b>	<p>In the various fields of the social sciences, the study of human behaviour has a common foundation of psychological theories. As this knowledge is an essential part of the social sciences student's professional framework, in this unit students will be introduced to the psychological theories that are foundational to understanding human behaviour. They will also have opportunity to consider how these theories apply to diverse contexts including their own personal growth, Christian values and beliefs and multicultural environments.</p>